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## AVOCADO TOAST

2 Tbsp. **Guacamole Seasoning Mix**

2 avocado

¼ cup chopped red onion

6 cherry tomatoes, chopped

¼ cup chopped parsley

1 Tbsp. fresh lime juice

4 slices multigrain bread

Cut avocados in half and remove seed. Scoop out avocado from the peel using a spoon. Place avocado in a mixing bowl and mash using a fork. Stir in **Guacamole Seasoning Mix** and remaining ingredients. Refrigerate for 15-20 minutes. Toast bread and spread with guacamole.



• **Guacamole Seasoning Mix**